



Building European Bridges Between Italy and Poland

Meeting in Grójec, Poland 22nd - 29th November 2025

“Self-empowerment and digital inclusion”



The exchange experience involving Italian and Polish students and teachers proved to be an enriching and meaningful journey, both from an educational

and a personal perspective. From the very beginning, the project encouraged cooperation, intercultural dialogue and mutual understanding among participants from different European backgrounds.

Thanks to collaborative activities, workshops, cultural visits and shared daily experiences, students were able to improve their language skills, particularly in English, which served as a common means of communication. At the same time, they gained a deeper understanding of different traditions, lifestyles and educational systems.

Teachers from both countries played a key role in supporting and guiding the students throughout the project. Their cooperation strengthened the educational impact of the experience and highlighted the importance of teamwork and innovation in modern teaching practices.

This international exchange strongly reinforced the students' sense of belonging to the European Union, promoting shared values such as inclusion, cultural diversity, cooperation and active citizenship. The experience helped students realise that Europe is not only a political or geographical entity, but a living community built on dialogue and shared responsibility.

The project ended with lasting memories and new friendships, leaving participants more confident, open-minded and aware of their role as European citizens.

Barbara Guidotti