

Erasmus+ Project “Social Well-Being”

Host school: Istituto “E. Balducci” - Pontassieve

Guest school: “Ernst Mach Gymnasium” - Hürth

During the week from October 5th to October 11th, Istituto “Ernesto Balducci” in Pontassieve took part in a cultural exchange in collaboration with Ernst Mach Gymnasium School in Hürth - Germany. The experience involved 10 Italian students and 10 German students, accompanied by two teachers from each school.

Many activities were organized during this week, each focusing on different themes: historical and cultural visits that offered an in-depth look at the history of Pontassieve and Florence, various team sports challenges, and collaborative group projects.

This experience allowed students to interact with peers from another country and a different school system, helping everyone to broaden their cultural horizons and improve their English skills.

Every activity was an opportunity to grow, work together, share group experiences and learn about a different culture. At the end of the week, each group presented their work on Social Well-Being from different perspectives, such as relationships between teenagers, a healthy lifestyle, school stress, leisure activities, and digital or online social life.

Another meaningful activity was learning two Italian songs and two German songs, which helped the students strengthen their friendship and create lasting memories.

