

**ERASMUS+ Project “Humanitas - love, knowledge and culture”
between Istituto Balducci (Italy) and Bäckängsgymnasiet (Sweden).
Mobility to Borås from 4th to 12th October 2025**



On October 4th, our class left for an Erasmus+ project in Sweden in collaboration with Bäckängsgymnasiet Secondary School. We had an unexpected setback: our flight was cancelled due to bad weather, so we had the opportunity to stay in Amsterdam for two days and explore the city. After these two days, on October 6th, we left Amsterdam and finally arrived in Sweden, specifically in Borås, where we were welcomed by the Swedish group.

Our class was divided into four groups for school activities, each with different lessons, during which we had the opportunity to meet lots of new people. Of course, we had to speak English, so we had to practice and improve our communicative skills. One afternoon, we stayed at school until the evening because the teachers had organized some really fun games for us called "Sweden vs. Italy." We really enjoyed ourselves and went home really proud because Italy had won!

We also did other activities during the mobility: we visited the Borås Textile Museum and one day we all went to Gothenburg, where we visited the World Culture Museum and the Art Museum. This experience allowed us to stay with host families and opened our minds to another culture and

to a different lifestyle, appreciating their similarities and noticing their differences with greater awareness.



Living away from home, we learned to fend for ourselves because we were forced to live outside our comfort zone; we had to adapt, accept what was different, and look at things with fresh eyes. What we enjoyed most about this experience was being able to learn, listen, and talk to new people while having fun. We discovered that there are many ways of living in the world, and that none of them is better or worse, just different.

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